

References

ABIH examination questions are taken from a variety of sources in the literature to reflect the underlying purposes and principles of industrial hygiene as well as the current knowledge which is expected of the industrial hygienist.

[AIHA](#) and [ACGIH](#) list recommended publications for studying for the exam.

Examinees who recently passed the exam were asked to recommend references they used to prepare.

References most cited included:

- Fundamentals of Industrial Hygiene, National Safety Council - ACGIH
- The Occupational Environment: Its Evaluation, Control, and Management, AIHA
- The TLV / BEI Booklet, ACGIH

Other study resources commonly noted included:

- The Industrial Hygiene Reference and Study Guide, AIHA
- Industrial-Occupational Hygiene Calculations, A Professional Reference, 2nd Edition, James H. Stewart, et.al.
- CIHprep V9.0 Certified Industrial Hygiene Professional Certification Training, Datachem Software
- CIH Review Course materials

Examinees also noted more specialized references which focus on specific rubrics such as:

- Industrial Ventilation: A Manual of Recommended Practice, ACGIH
- Toxicology Principles for the Industrial Hygienist, AIHA
- Recognition of Health Hazards in Industry: A review of Materials and Processes, ACGIH

In preparation for the exam, each Examinee is urged to carefully review the exam rubrics and determine his/her need for additional references depending on academic background, previous continuing education coursework, and knowledge acquired through work experience.

The listing of particular references or study aids does not constitute an endorsement of those references or study aids by ABIH.

Review Courses

A number of IH comprehensive practice/review courses are available to aid examinees in preparation for the CIH exam. While taking one of these courses is certainly not mandatory, many successful examinees reported taking a review course prior to sitting for the exam.

ABIH does not endorse any training/review course and does not monitor the content of the courses.